Attending Provider Notes

Provider: Dr Mateo Jackson, PhD Patient: John Doe

35 yo M c/o stomach problems since last 2 months. Patient reports epigastric abdominal pain non-radiating. Pain is described as gnawing and burning, intermittent lasting 1-2 hours, and gotten progressively worse. Antacids used to alleviate pain but not anymore; nothing exacerbates pain. Pain unrelated to daytime or to meals. Patient denies constipation or diarrhea. Patient denies blood in stool but have noticed them darker. Patient also reports nausea. Denies recent illness or fever. He also reports fatigue in the last 2 weeks ago and bloating after eating.

ROS: Negative except for above findings Meds: Motrin once/week. Tums previously.

PMHx: Back pain and muscle spasms. No Hx of surgery.

NKDA.

FHx: Uncle has a bleeding ulcer.

Social Hx: Smokes since 15 yo, 1/2-1 PPD. No recent EtOH use. Denies illicit drug use. Works on high elevation construction. Fast food diet. Exercises 3-4 times/week but stopped 2 weeks ago.